

Saint Meinrad

*Retreats*

Weekend & Midweek

2018 and 2019



Archabbey Guest House  
and Retreat Center  
200 Hill Drive  
St. Meinrad, Indiana 47577

*Updated January 2018*

## SIX POWERFUL REASONS TO MAKE A RETREAT

1. To solve your personal problems. Nothing works as a greater spur to resolving problems than getting away from one's ordinary environment for a period of time to see and meditate on God's will, while looking over your own life from a distance. Private, personal desires begin to look very unimportant. God's will and God's love gradually appear to be what they really are: the most important goals in the world.
2. To get away from worldly distractions. Because the world around you bombards you constantly about material things, you must get away from it once in a while. Never in history was the world's voice louder than it is today—in television, radio, newspapers, magazines, the Internet, social gatherings, business contacts and advertising. At a retreat, you're reminded that you can only enjoy the good things of the world if you are living for something bigger than this world—and that is God.
3. To renew your lifetime goals. You constantly need new ideas, more knowledge and deeper convictions about your primary goal in life, and an effective way of attaining them is through making a retreat.
4. To meet people who share your faith. You will meet and mingle with other men and women from various walks of life. Their example will encourage and inspire you.
5. To get some rest and relaxation. You will actually enjoy making a retreat. It can be a refreshing and relaxing experience.
6. To talk with people who regularly make retreats. Tens of thousands of men and women testify to the incalculable good that has come to them through their retreats. If you have lingering doubts about whether you will get any good out of it, ask friends who make regular retreats.

Dear Friend,

I'm delighted to send you this latest brochure of our upcoming retreats. All of these retreats include at least five conferences, room and meals, including two hot breakfasts and two socials. Our Archabbey Guest House and Retreat Center has 31 spacious rooms. Each room includes twin beds, private bath and individual temperature control. The Guest House also has a chapel, two conference rooms, reception area, reading rooms and dining room.

The beautiful setting of Saint Meinrad Archabbey, comfortable accommodations, and an opportunity to attend Mass and Divine Office with the monastic community enhance our retreats. During the week, you can choose a guided retreat with a personal director or a private retreat on your own. Group retreats can also be arranged. A wide variety of videotaped retreats are also available for viewing at no cost.

If you would like brochures to share with others or to place in your church's brochure rack, please call toll-free (800) 581-6905 or send your request by fax to (812) 357-6841 or by email to [mzoeller@saintmeinrad.edu](mailto:mzoeller@saintmeinrad.edu).

If you prefer to register online for a retreat, please visit our website [www.saintmeinrad.org](http://www.saintmeinrad.org). Or you can use the registration form on Page 29.

With so much trouble in the world, many Christians feel a real need to connect with spiritual values. May God bless you, prosper your prayer and work, and keep you in His loving care.

Your monk friend,

*Br. Maurus Zoeller, OSB*

Br. Maurus Zoeller, OSB  
Retreat Director/Guestmaster

P.S. If you're interested in a gift certificate, see Page 27. Also, I can email you the 2018-2019 retreat brochure so you can add it to your Sunday bulletin or parish website.

# 2018 Retreat Dates

**February 9-11, 2018** Fr. Noël Mueller, OSB

(Valentine Married Couples Only Retreat)

*Winning Relationships – A Couples Retreat* – We Americans are very competitive people – we like to win at life. As married couples and committed parents, we daily practice winning, healthy exchanges. Our family relationships are crucial for each of us. This weekend retreat will explore through audio-visual media and conferences how to truly win every day in the game of life. Celebrate with other couples the joy of God's work in our lives. (\$425 double)

**March 16-18, 2018** Fr. Noël Mueller, OSB

(Second Valentine Married Couples Only Retreat)

*Winning Relationships – A Couples Retreat* – We Americans are very competitive people – we like to win at life. As married couples and committed parents, we daily practice winning, healthy exchanges. Our family relationships are crucial for each of us. This weekend retreat will explore through audio-visual media and conferences how to truly win every day in the game of life. Celebrate with other couples the joy of God's work in our lives. (\$425 double)

**March 23-25, 2018** Fr. Adrian Burke, OSB

*Benedictine Spirituality* – The conferences will address certain key components of the Benedictine charism distilled from the *Rule of St. Benedict* and the lived tradition of modern Benedictine monastic communities. The wisdom of St. Benedict's gospel-centered *Rule* advocates principles that can guide men and women wanting to live a serious Christian life, even in the secular world. (\$255 single, \$425 double)

**March 28-April 1, 2018** Fr. Colman Grabert, OSB  
*Holy Week Retreat* – The retreat will foster the faith and devotion of participants in the liturgies of Holy Week. Conferences will offer meditation and theological reflection on the liturgies of Holy Week from Palm Sunday through the Easter Vigil. Most of all, they will offer consideration of the mystery of Christ in his redemptive passion, death and resurrection. (\$465 single, \$735 double)

**April 20-22, 2018** Br. Zachary Wilberding, OSB  
*Bible Bootcamp: The Basics* – Do you get nervous trying to find something in the Bible? Do you wonder why Catholics, Protestants and Orthodox Christians have different Bibles? Do you know the difference between Methuselah, Malachi and the Maccabees? If your answer to any of these questions is “No,” then this retreat is for you. We will explore the origins, structure and history of the Bible in a way that will help you to appreciate it more. (\$255 single, \$425 double)

**April 23-27, 2018** Fr. Luke Waugh, OSB  
(Deacons and Wives Retreat)  
*Continuing the Mission of Mercy* – Pope Francis declared an Extraordinary Jubilee of Mercy for 2016. While the jubilee year may be over, the Holy Father wishes that we continue the mission of mercy. This retreat builds on the spirit of the Year of Mercy and we will explore how we can more fully embrace mercy in our lives and in our parishes. (\$465 single, \$735 double)

**April 27-29, 2018** Fr. Adrian Burke, OSB  
*Contemplative Living* – This retreat will explore the topic of deep prayer as gleaned from the mystical tradition of the Church. Contemplation is not only for monks and nuns. It is a mode of prayer

rooted in one's inmost self – the simple and quiet center – the abode of deep prayer described by the mystics and characterized not by strange experiences so much as by an inner tranquility and silent resting in the presence of God.

Contemplative prayer opens our interior senses to a greater awareness and generates a grace-illuminated capacity to observe reality more intensely, seeing things as they truly are. (\$255 single, \$425 double)

**April 30-May 4, 2018** Fr. Eugene Hensell, OSB  
(Priests Retreat)

*Key Themes in the Gospel of Mark: Challenges for Preaching and Pastoral Practice* – This retreat for priests will explore some of the key themes in the Gospel of Mark that are important for preaching and the way priests carry out their pastoral practice. (\$465 single)

**May 4-6, 2018** Br. Martin Erspamer, OSB  
*Beauty as a Pathway to God: Religious Art and Symbol in the Spiritual Life* – This retreat will explore how beauty in nature and art reveals God's presence and action in the world. We will examine the strength and power of religious imagery, art and architecture through the ages. (\$255 single, \$425 double)

**May 8-10, 2018** Fr. Colman Grabert, OSB  
(Midweek Retreat)  
*On Becoming the Publican in the Temple: St. Benedict's Degrees of Humility* – “Self-exaltation leads to humiliation; self-humbling leads to exaltation.” St. Benedict's 12 degrees of humility (RB Chapter 7) begin with this declaration of the Lord in the parable of the Pharisee and the tax collector in the temple (Luke 18:9-14) and concludes with the tax collector as a model of

humility. The Ladder of Humility invites a descent into humility that leads to being raised up by God. This progress “downward” in humility leads to the emergence of charity and the firm hope of sharing in God’s glory. (\$255 single, \$425 double)

**May 18-20, 2018** Fr. Vincent Tobin OSB  
*Your Faith Has Saved You – Or Has It?* – People often leave their faith because God did not answer their prayers for a loved one who has died. They offer heaps of novenas, Masses and rosaries with no visible results. Is the Lord asleep in the boat? (\$255 single, \$425 double)

**June 15-21, 2018** Br. Martin Erspamer, OSB, and Br. Michael Moran, CP (Retreatants limited)  
*The Image as a Window to the Spiritual: An Artist’s Six-Day Hands-on Workshop and Retreat* – From the beginning, art has been used as a pathway toward spiritual insight and awareness. On this studio retreat, each participant will work in one of several media throughout the week. Emphasis will be placed on cultivating the monastic values of listening, interior silence and gratitude through the process of making art. Each day will include a morning conference, generous afternoon studio time, and evening sharing and discussion in a relaxed atmosphere. Retreatants will also participate in the rhythm of the daily monastic liturgies. (\$695 single, \$1,045 double)

**July 6-8, 2018** Fr. Noël Mueller, OSB  
*Gates of Paradise: An Art Retreat* – Following in a series of art retreats offered here (Fra Angelo, Raphael, Caravaggio, Van Gogh, Cézanne), this retreat will focus on Early Renaissance in Florence and the famous doors of the Baptistery of the Cathedral. Michelangelo called Lorenzo Ghiberti’s

doors the “Gates of Paradise.” In contrast, one of the conferences will feature a study of Rodin’s famous “Gates of Hell.” Audio-visual aids will enhance this retreat. (\$255 single, \$425 double)

**July 13-15, 2018** Dave Maloney (AA Retreat)  
*A Step 11 Retreat for Recovering Alcoholics and Alanons* – This retreat is for those seeking, through heartfelt prayer and meditation, to improve their conscious contact with God, as they understand Him, praying only for knowledge of his will for them and the power to carry it out with guided meditation, *lectio divina*, praying with the monks and group sharing. This retreat is designed for those who wish to abandon themselves to God. (\$255 single, \$425 double)

**July 16-20, 2018** Fr. Columba Kelly, OSB  
*Bringing to Life the Word of God in Song* – Learn how the practice of Gregorian chant brings to life the Word of God in song, and study the intimate relationship between the proclaimed Word of God and its melodic setting. Learn a new way to enhance your spiritual reading. The workshop includes study of the original chant notations as the key to unlocking the spiritual and artistic qualities that have influenced later Western music. Practice singing both Latin and English settings in chant style will be included. (\$465 single, \$735 double)

**July 30-August 3, 2018** Fr. Columba Kelly, OSB  
*Bringing to Life the Word of God in Song* – Learn how the practice of Gregorian chant brings to life the Word of God in song, and study the intimate relationship between the proclaimed Word of God and its melodic setting. In this advanced session, we will practice singing both Latin and English settings in chant style. (\$465 single, \$735 double)



**July 31-August 2, 2018** Br. Maurus Zoeller, OSB  
(Midweek Retreat)

*Peace, the Benedictine Way* – This retreat will focus on the holy *Rule of St. Benedict* and how it can apply to living with peace in today's fast-paced society. Many chapters of the *Rule* can be applied and adapted and we can glean ideas from it that will greatly enhance our spiritual lives and help us attain true peace. This retreat should help us become better Christians and give us a greater appreciation for preparing for our heavenly home. (\$255 single, \$425 double)

**August 17-19, 2018** Fr. Eugene Hensell, OSB  
*Who is St. Paul and What Did He Write: Three Perspectives* – This retreat will explore the letters attributed to St. Paul. We will discover that, in fact, there are three St. Pauls and they do not all say the same thing. (\$255 single, \$425 double)

**August 21-23, 2018** Br. Zachary Wilberding, OSB  
(Midweek Retreat)

*Monastic Living* – This retreat will give participants an opportunity to experience a day of Benedictine monastic living, including all monastic prayer periods, silence, work, as well as short conferences. There will be time for relaxation and recreation as well, but probably not much for shopping at the gift shop. (\$255 single, \$425 double)

**August 24-26, 2018** Deacon Rich and Cherie Zoldak (Married Couples Only)

*Benedictine Spirituality as Lived in Marriage* – This retreat focuses on exploring the Benedictine vows of obedience, stability and conversion as they can be applied in marriage, with humility as the thread that binds these three vows together. This retreat is for any married couple wanting to

journey deeper into their spirituality and will offer the couple ways to strengthen their marriage through Benedictine spirituality and prayer. (\$425 double)

**September 14-16, 2018** Fr. Eugene Hensell, OSB

*How to Read the Gospel of John with*

*Understanding: Signs for Our Time* – The first half of the Gospel of John is called “the book of signs.” To understand the Gospel of John, one must know how to read these signs with understanding. This retreat will look carefully at several of these important signs. (\$255 single, \$425 double)

**September 21-23, 2018** Fr. Noël Mueller, OSB

*Simplicity Retreat Revised: A Way of Life* –

Searching the Gospels, we discover the simplicity of our Savior. Such simplicity is not only exterior (possessions), but also deeply interior (heart and soul). This retreat will explore the popular trend toward simplicity and suggest ways that the Christian today can live fully the Lord’s life-giving admonitions amid a consumer-oriented society. (\$255 single, \$425 double)

**September 24-28, 2018** Fr. Luke Waugh, OSB  
(Deacons and Wives Retreat)

*Continuing the Mission of Mercy* – Pope Francis declared an Extraordinary Jubilee of Mercy for 2016. While the jubilee year may be over, the Holy Father wishes that we continue the mission of mercy. This retreat builds on the spirit of the Year of Mercy and we will explore how we can more fully embrace mercy in our lives and in our parishes. (\$465 single, \$735 double)

**September 28-30, 2018** Fr. Adrian Burke, OSB  
*The Church in the Modern World* – The conferences will address issues related to the evangelizing mission of the Church’s sons and daughters, those who “are united to Christ and guided by the holy Spirit,” as described in the magisterial document *Gaudium et Spes* (Vatican II: *On the Church in the Modern World*). Our world is rife with conflict and division. Serious Christians who “cherish a feeling of deep solidarity with the human race and its history” will reflect and pray about their presence and function in the world, as commissioned by Christ to bear a message of salvation intended for everyone. (\$255 single, \$425 double)

**October 2-4, 2018** Br. Zachary Wilberding, OSB (Midweek Retreat)  
*Children of Abraham* – Abraham is the father of three faiths: Judaism, Christianity and Islam. This retreat will explore who Abraham was; what Jews, Christians, and Muslims have in common and how they differ; and how, as children of one father, we can live as brothers and sisters. (\$255 single, \$425 double)

**October 12-14, 2018** Fr. Adrian Burke, OSB  
*Environmental Spirituality* – *Laudato Sí*, the 2015 papal encyclical by Pope Francis, expresses the Church’s concern over facing global environmental deterioration due to human activity and climate change. Conferences will explore spiritual dimensions of this concern and how to cultivate a spiritual sensitivity and care for our natural environment and, more broadly, the planet God made for us to be part of and to dwell in. (\$255 single, \$425 double)

**October 15-19, 2018** Fr. Eugene Hensell, OSB  
(Priests Retreat)

*Key Themes in the Gospel of Mark: Challenges for Preaching and Pastoral Practice* – This retreat for priests will explore some of the key themes in the Gospel of Mark that are important for preaching and the way priests carry out their pastoral practice. (\$465 single)

**November 2-4, 2018** Fr. Vincent Tobin, OSB  
*Pardon My Perfection* – The closer we seem to get to God, the more entitled we feel to criticize everyone who hasn't attained our spiritual heights. The Pharisee continues to trash the publican (Luke 18:9-14). Conferences will challenge us to examine this tendency of perfection. (\$255 single, \$425 double)

**November 6-8, 2018** Br. Maurus Zoeller, OSB  
(Midweek Retreat)  
*Pray Your Way to Happiness* – We often think of prayer as an obligation to God. Actually, prayer is the very substance of life, the key to strength and joy, here and hereafter. This retreat is a practical introduction to prayer for life. (\$255 single, \$425 double)

**November 9-11, 2018** Fr. Noël Mueller, OSB  
*Creative Grieving: Confronting Loss* – Our lives are filled with many experiences of loss: broken relationships, lost friends, change of work or living place and, ultimately, the death of a loved one. This retreat will explore how to creatively grieve our losses while capturing the beauty of the gift of life. A team of presenters will share their insights and experiences. (\$255 single, \$425 double)

**November 16-18, 2018** Fr. Eugene Hensell, OSB  
*The Birth of Jesus According to the Gospel of Luke*  
This retreat looks forward to Advent and Christmas. The focus will be on the first two chapters of Luke's gospel, which sets forth Luke's version of the birth of the Messiah. (\$255 single, \$425 double)

**Nov. 30-Dec. 2, 2018** Fr. Adrian Burke, OSB  
*Contemplative Living* – The conferences will explore the topic of deep prayer as gleaned from the mystical tradition of the Church. Contemplation is not something for only monks and nuns; it is a mode of prayer rooted in one's inmost self – the simple and quiet center – the abode of deep prayer described by the mystics and characterized not by strange experiences so much as by an inner tranquility and silent resting in the presence of God. Contemplative prayer opens our interior senses to a greater awareness and generates a grace-illuminated capacity to observe reality more intensely, seeing things as they truly are. (\$255 single, \$425 double)

## 2019 RETREAT DATES

**February 15-17, 2019** Fr. Noël Mueller, OSB  
(Married Couples Only)  
*Beyond First Impressions: A Couples Retreat* – So often our first impressions of people prove to be completely wrong. For a lasting relationship, we need to be open to the revelation of another to us. This retreat for couples will focus on the transformation that true love brings to a growing relationship. Video and audio resources will be employed to further this understanding. (\$425 double)

March 15-17, 2019 Fr. Noël Mueller, OSB  
(Second Married Couples Retreat)

*Beyond First Impressions: A Couples Retreat* – So often our first impressions of people prove to be completely wrong. For a lasting relationship, we need to be open to the revelation of another to us. This retreat for couples will focus on the transformation that true love brings to a growing relationship. Video and audio resources will be employed to further this understanding. (\$425 double)

March 22-24, 2019 Br. Zachary Wilberding, OSB  
*Freedom Through Forgiveness* – This retreat will explore the power of anger to keep us captive and practical ways in which the forgiveness taught by Jesus can free us. (\$255 single, \$425 double)

March 29-31, 2019 Fr. Colman Grabert, OSB  
*A Weekend-long AA Meeting in 5 Sessions* – This is a maximum participation retreat centering on five questions: 1. What brought you to your knees and to surrender? What was your powerlessness and unmanageability like? 2. What made the difference? How did the situation change for you? 3. Let's get real about God and sobriety. What has been your experience? 4. What aspects of the program/steps beyond the obvious ones have been most important for your sobriety? What do you find difficult in your sobriety? 5. What do you want to share about your present life by way of encouragement and thanksgiving? What's it like for you now? (\$255 single, \$425 double)

April 12-14, 2019 Br. Nathaniel Szidik, OSB  
*Spiritual Integration: Fitness, Health and Physical Well-being* – With Scripture and the *Rule of St.*

*Benedict* as our guide, we will explore how a life of physical fitness and healthful eating lead us on a journey of self-knowledge, self-acceptance and self-gift, ultimately ending in love for God, neighbor and self. Optional opportunities for a group nature walk or other physical activities will be available (bring fitness clothing). (\$255 single, \$425 double)

**April 17-21, 2019** Fr. Adrian Burke, OSB  
(Holy Week Retreat)

*The Leaven of Christ: That in All Things God May be Glorified!* – In the Gospel of Luke we read: To what can I compare the kingdom of God? It is like yeast that a woman mixed into three measures of flour until all of it was leavened. We are called and sent by Jesus to be leaven in a world needing to be raised up. The light we bear is that of the Gospel, the Word of God dwelling in us by the Holy Spirit. That light is not meant to be buried or concealed, but to radiate and lift up a world darkened by division, violence and injustice. Conferences will reflect on the practical means by which Christians participate in Christ by doing the hard work of reconciling and healing. We participate in his mission to give birth to a new creation conformed to God's Love – the Kingdom of God. (\$465 single, \$735 double)

**April 23-25, 2019** Br. Maurus Zoeller, OSB  
(Midweek Retreat)

*Peace, the Benedictine Way* – This retreat will focus on the holy *Rule of St. Benedict* and how it can apply to living with peace in today's fast-paced society. Many chapters of the *Rule* can be applied and adapted and we can glean ideas from it that will greatly enhance our spiritual lives and help us

attain true peace. This retreat should help us become better Christians and give us a greater appreciation for preparing for our heavenly home. (\$255 single, \$425 double)

**April 29-May 3, 2019** Fr. Eugene Hensell, OSB  
(Priests Retreat)

*Reading the Gospel of Luke: Challenges for Contemporary Priestly Ministry.* (\$465 single)

**May 3-5, 2019** Fr. Adrian Burke, OSB  
*Being Creative, Being Divine: Freedom and an Ethics of Creativity* – Nicolai Berdyaev was a 20th-century Russian Orthodox philosopher and theologian who provided Christianity with a marvelous way of framing the spiritual life as a journey into freedom. Conferences will reflect on how the Spirit of Christ moves receptive souls from initial conversion rooted in concepts of sacred duty and fear of the Lord (ethics of Law) into a greater spiritual awakening and loving response (ethics of Redemption), until the heart arrives at maturity in Christ and the freedom of the children of God as a Christian life-stance vis-à-vis the world (ethics of Creativeness). (\$255 single, \$425 double)

**May 7-9, 2019** Br. Zachary Wilberding, OSB  
(Midweek Retreat)

*The Jesus Prayer* – In this retreat, we will explore this treasure from the Eastern Church and look at ways of incorporating it into our own prayer practice. (\$255 single, \$425 double)

**May 17-19, 2019** Br. William Sprauer, OSB  
*The Practice of Christian Meditation* – This retreat will explore the history, theology and practice of meditation in the Christian tradition.



Regular practice of meditation draws us closer into the life of the Holy Trinity, and helps us see the Divine Reality dwelling within the depths of our hearts. Through our practice, we become more humble, loving and compassionate to ourselves and others. Essentially, we become more Christ-like. Each of the five conferences will begin with 20 minutes of silent meditation. Participants need not have any prior experience in meditative practices. (\$255 single, \$425 double)

**June 14-20, 2019** Br. Martin Erspamer, OSB, and Br. Michael Moran, CP  
(Retreatants limited)

*The Image as a Window to the Spiritual: An Artist's Six-Day Hands-on Workshop and Retreat* – From the beginning, art has been used as a pathway toward spiritual insight and awareness. On this studio retreat, each participant will work in one of several media. Emphasis will be placed on cultivating the monastic values of listening, interior silence and gratitude through the process of making art. Each day will include a morning conference, generous afternoon studio time, and evening sharing and discussion in a relaxed atmosphere. Retreatants will also participate in the rhythm of the daily monastic liturgies. (\$695 single, \$1,045 double)

**June 25-27, 2019** Br. Lorenzo Peñalosa, OSB  
(Midweek Retreat)

*Divine Intimacy in the Rule of St. Benedict* – Benedictine spirituality is about one's continual search for God, a very intimate process. This retreat will explore how one's call, prayer and even work are occasions to draw closer to God. (\$255 single, \$425 double)

June 28-30, 2019 Fr. Noël Mueller, OSB  
*The Miracle of Chartres: A Close Look at a Gorgeous Gothic Cathedral and the Mysteries Behind It* – Most Gothic cathedrals took centuries to design and build. Chartres is a great exception – built in only 25 years. Its master builder, along with the talented stone sculptors and stained glass specialists, worked miraculously to create a tremendous monument to faith and Marian devotion. Using video presentations, this retreat will explore the beauty of a masterpiece. (\$255 single, \$425 double)

July 8-12, 2019 Fr. Columba Kelly, OSB  
*Bringing to Life the Word of God in Song* – Learn how the practice of Gregorian chant brings to life the Word of God in song, and study the intimate relationship between the proclaimed Word of God and its melodic setting. Learn a new way to enhance your spiritual reading. The workshop includes study of the original chant notations as the key to unlocking the spiritual and artistic qualities that have influenced later Western music. Practice singing both Latin and English settings in chant style will be included. (\$465 single, \$735 double)

July 12-14, 2019 Dave Maloney  
(AA Retreat)  
*A Step 11 Retreat for Recovering Alcoholics and Alanons* – This retreat is for those seeking, through heartfelt prayer and meditation, to improve their conscious contract with God, as they understand Him, praying only for knowledge of His will for them and the power to carry it out with guided meditation, *lectio divina*, praying with the monks and group sharing. This retreat is designed for those who wish to abandon themselves to God. (\$255 single, \$425 double)

**July 15-19, 2019** Fr. Columba Kelly, OSB  
*Bringing to Life the Word of God in Song* – Learn how the practice of Gregorian chant brings to life the Word of God in song, and study the intimate relationship between the proclaimed Word of God and its melodic setting. In this advanced session, we will practice singing both Latin and English settings in chant style. (\$465 single, \$735 double)

**July 19-21, 2019** Br. Kolbe Wolniakowski, OSB  
*Literature, God and Us* – Reading can be a great way to explore our relationship with God and with others. In this retreat, we will look at how even our reading of fiction can be used to strengthen and explore our relationship with God. The books that will be most relied upon are *Lying Awake* by Mark Salzman and *Till We Have Faces* by C.S. Lewis. While it is not necessary to have read both books, you may find it helpful as we will be using examples from the text. (\$255 single, \$425 double)

**August 2-4, 2019** Fr. Eugene Hensell, OSB  
*Key Themes in the Gospel of Luke.*  
(\$255 single, \$425 double)

**August 20-22, 2019** Br. Maurus Zoeller, OSB  
(Midweek Retreat)  
*Peace, the Benedictine Way* – This retreat will focus on the holy *Rule of St. Benedict* and how it can apply to living with peace in today's fast-paced society. Many chapters of the *Rule* can be applied and adapted and we can glean ideas from it that will greatly enhance our spiritual lives and help us attain true peace. This retreat should help us become better Christians and give us a greater appreciation for preparing for our heavenly home. (\$255 single, \$425 double)

**August 23-25, 2019** Br. Zachary Wilberding, OSB  
*The Rosary Zone* – This retreat looks at the origins and practice of the rosary through history, as well as its place as a magnificent contemporary way of prayer. (\$255 single, \$425 double)

**September 13-15, 2019** Fr. Eugene Hensell, OSB  
*The Acts of the Apostles: Luke's Vision of the Early Church.*  
(\$255 single, \$425 double)

**September 20-22, 2019** Josh and Angie Greulich  
(Married Couples only)  
*Unpacking the Vocation of Marriage* – With the distractions of the world, children, jobs, volunteering, etc., the vocation aspect of marriage sometimes falls to the wayside. This retreat will provide inspirational experiences for couples to learn more about the vocation of marriage through Scripture and examples of married saints. Josh and Angie have been married nine years and have two children. Their hope is that couples will leave the retreat excited, refreshed and renewed in their love for each other and for the vocation they have entered together. (\$425 double)

**September 23-27, 2019** Fr. Luke Waugh, OSB  
(Deacons and Wives Retreat)  
*Continuing the Mission of Mercy* – Pope Francis declared an Extraordinary Jubilee of Mercy for 2016. While the jubilee year may be over, the Holy Father wishes that we continue the mission of mercy. This retreat builds on the spirit of the Year of Mercy and explores how we can more fully embrace mercy in our lives and in our parishes. (\$465 single, \$735 double)

**September 27-29, 2019** Fr. Noël Mueller, OSB  
*The Art of Michelangelo: Sculptor, Painter, Poet* – In the history of art, the Renaissance man sought to explore the marvel of the human. Returning to classical Greek and Roman roots, the artists of this age explored human creativity to reflect Divine Beauty. This artist retreat will explore a most gifted artist's search for perfection in history of salvation. Multimedia presentations will display the beauty of his works. (\$255 single, \$425 double)

**October 1-3, 2019** Br. Zachary Wilberding, OSB  
*Gratitude* – Gratitude has been called the parent of the virtues. What place does it have in the life of a Christian disciple and how do we practice it? (\$255 single, \$425 double)

**October 11-13, 2019** Fr. Adrian Burke, OSB  
*Being Creative, Being Divine: Freedom and an Ethics of Creativity* – Nicolai Berdyaev was a 20th-century Russian Orthodox philosopher and theologian who provided Christianity with a marvelous way of framing the spiritual life as a journey into freedom. Conferences will reflect on how the Spirit of Christ moves receptive souls from initial conversion rooted in concepts of sacred duty and fear of the Lord (ethics of Law) into a greater spiritual awakening and loving response (ethics of Redemption), until the heart arrives at maturity in Christ and the freedom of the children of God as a Christian life-stance vis-à-vis the world (ethics of Creativeness). (\$255 single, \$425 double)

**October 14-18, 2019** Fr. Eugene Hensell, OSB  
(Priests Retreat)  
*Reading the Gospel of Luke: Challenges for Contemporary Priestly Ministry.* (\$465 single)

**November 1-3, 2019** Fr. Colman Grabert, OSB  
*A Weekend-long AA Meeting in 5 Sessions* – This is a maximum participation retreat centering on five questions: 1. What brought you to your knees and to surrender? What was your powerlessness and unmanageability like? 2. What made the difference? How did the situation change for you? 3. Let's get real about God and sobriety. What has been your experience? 4. What aspects of the program/steps beyond the obvious ones have been most important for your sobriety? What do you find difficult in your sobriety? 5. What do you want to share about your present life by way of encouragement and thanksgiving? What's it like for you now? (\$255 single, \$425 double)

**November 8-10, 2019** Fr. Adrian Burke, OSB  
*The Leaven of Christ: That in All Things God May be Glorified!* – In the Gospel of Luke we read: To what can I compare the kingdom of God? It is like yeast that a woman mixed into three measures of flour until all of it was leavened. We are called and sent by Jesus to be leaven in a world needing to be raised up. The light we bear is that of the Gospel, the Word of God dwelling in us by the Holy Spirit. That light is not meant to be buried or concealed, but to radiate and lift up a world darkened by division, violence and injustice. Conferences will reflect on the practical means by which Christians participate in Christ by doing the hard work of reconciling and healing. We participate in his mission to give birth to a new creation conformed to God's Love – the Kingdom of God. (\$255 single, \$425 double)

November 15-17, 2019 Fr. Eugene Hensell, OSB  
*Biblical Wisdom: What is it? Where can it be found?*

(\$255 single, \$425 double)

November 18-22, 2019 Fr. Luke Waugh, OSB  
(Priests Retreat)

*Spiritual Themes from the Sunday Lectionary in the New Liturgical Year* – As priests, much of our spirituality comes from the *Lectionary*. The Sunday *Lectionary* is always before us as we prepare to minister to the people in our parishes. This retreat will look at broad spiritual themes in the *Lectionary* for the upcoming liturgical year. We will examine how these themes speak to us personally and to our particular parish settings. This retreat offers plenty of time for rest, relaxation and personal reflection. The retreat master is a Benedictine monk, pastor of two parishes, and works in ongoing priestly formation in Saint Meinrad's Institute for Priests and Presbyterates. (\$465 single)

November 29-December 1, 2019 Fr. Noël Mueller, OSB

*Preparing the Way: An Advent Retreat* – This retreat will explore the various themes of this holy season of waiting and preparation by a study of the sacred Scriptures, customs and ritual expressions of our Christian tradition. Various media will enhance this exploration. (\$255 single, \$425 double)

## Meet the Retreat Directors

*Fr. Adrian Burke, OSB*, a monk of Saint Meinrad Archabbey, is a 1997 graduate of Saint Meinrad School of Theology and a 2003 graduate of the Pontifical University of St. Thomas (Rome), where he studied Christian spirituality. He worked for several years in parish ministry. In addition to directing retreats, he works as a spiritual director in our seminary and teaches courses in spirituality in Saint Meinrad's Graduate Theology Programs.

*Fr. Colman Grabert, OSB*, a monk of Saint Meinrad Archabbey since 1960 and ordained priest since 1965, is a native of Evansville, IN. He was a longtime teacher of doctrinal theology in the seminary and has served as a spiritual director and conductor of retreats, particularly on the *Rule of St. Benedict*. He is the monastery vegetable gardener.

*Fr. Columba Kelly, OSB*, a monk of Saint Meinrad Archabbey, has a doctorate in Church music from the Pontifical Institute of Sacred Music in Rome. He teaches music in our Seminary and School of Theology and has written books and published music. He helped create new chant in English for singing the psalms, antiphons and responsories that are part of Mass and the Liturgy of the Hours.

*Dave Maloney* is married and his sobriety date is May 15, 1969. An alumnus of Saint Meinrad Seminary, he spent many years as a professional salesman. He has a bachelor's degree in English and attended graduate school at Niagara University to study guidance and counseling. He has spent 40 years working with high-risk homeless alcoholics at Progress House Inc. in Indianapolis and has conducted many workshops for alcoholics.



*Deacon Rich and Cherie Zoldak* have master's degrees in pastoral theology from Saint Meinrad Seminary and School of Theology. They live in Louisville, KY, and have certificates in pastoral ministry from Spalding University. They have been married for 35 years and have three children. They minister to engaged couples in their parish by preparing them for marriage.

*Fr. Eugene Hensell, OSB*, a monk of Saint Meinrad Archabbey, has a doctorate in Scripture and is an associate professor of Scripture in the Seminary and School of Theology. Currently, he is in much demand giving biblical retreats to laity, religious groups and clergy throughout the country.

*Josh and Angie Greulich* have been married for nine years. Angie has a degree in social work from Abilene Christian University, a certificate in youth ministry from the Center for Ministry Development and a master's degree from our Seminary and School of Theology. She has been involved in youth ministry for over 10 years. Josh has a degree in economics and management from DePauw University and has worked at Jasper Engines and Transmissions for over 15 years.

*Br. Kolbe Wolniakowski, OSB*, entered the monastery in May 2015. While he discerns his vocation within the monastery, he is also attending the Seminary and School of Theology in the priesthood program. He is a graduate of Northwood University in business administration. He also works the Saint Meinrad oblate community and in the Business Office.

*Br. Lorenzo Peñalosa, OSB*, is a monk of Saint Meinrad Archabbey. After finishing his seminary studies, he has served as the monastery guestmaster and works for the Institute for Priests and Presbyterates.

*Fr. Luke Waugh, OSB*, is a monk of Saint Meinrad Archabbey. He is pastor of two small country parishes and works in Seminary and School of Theology's Institute for Priests and Presbyterates.

*Br. Martin Erspamer, OSB*, is a monk of Saint Meinrad Archabbey. He earned a Master of Fine Arts from Boston University. He works as a stained glass window designer and liturgical artist throughout the United States.

*Br. Maurus Zoeller, OSB*, a monk of Saint Meinrad Archabbey, has been the guestmaster, tour and retreat director for the Archabbey for more than 20 years. Previously, he spent 32 years in a variety of Abbey Press management positions.

*Br. Nathaniel Szidik, OSB*, a junior monk of Saint Meinrad Archabbey, earned his bachelor's degree in chemical engineering from the University of Dayton before entering the monastery as a novice in January 2015. In addition to working as a personal trainer in our wellness center, he is studying full time for the priesthood in our Seminary and School of Theology. He holds his certification in personal training from the American Council on Exercise (ACE).

*Fr. Noël Mueller, OSB*, a monk of Saint Meinrad Archabbey, has a master's in English literature and a Master of Divinity. He has worked in hospital ministry, Marriage Encounter, and with youth and disabled persons. He is currently serving on the formation staff for the Seminary and School of Theology while he continues giving spiritual direction and retreats.

*Fr. Vincent Tobin, OSB*, a monk of Saint Meinrad Archabbey, spent many years teaching in Rome. He holds a licentiate in spirituality from Rome's

Gregorian University and is the Guest House and Retreat Center chaplain. He is a retreat master and spiritual director.

*Br. William Sprauer, OSB*, is a monk of Saint Meinrad Archabbey, having entered the community in 2012. He earned a master's in Catholic Philosophical Studies in 2016, and is working toward a master's in theology. Br. William works in our vocations office, helping to attract new vocations to the community. He is also involved in prison ministry at Branchville Correctional Facility, a local medium-security prison.

*Br. Zachary Wilberding, OSB*, a monk of Saint Meinrad Archabbey, is a registered nurse with bachelor's and master's degrees in nursing and graduate study in theology. He has practiced psychiatric and oncology nursing and has experience in hospital and prison ministry. He works in the Monastery Vocations Office and the Graduate Theology Programs.

*Until you are convinced that  
prayer is the best use of your time,  
you will not find time for*  
**PRAYER**

FR. HILARY OTTENSMEYER, OSB

# Retreat Information

## FACILITIES

The Archabbey Guest House and Retreat Center has 31 guest rooms with private baths, comfortable reading rooms, two conference rooms, reception area, chapel and dining room. It is surrounded by beautiful grounds, walking paths, shady wooded areas and several lakes.

Retreatants are encouraged to attend Mass and prayer with the Benedictine monks of Saint Meinrad Archabbey in the Archabbey Church. The Liturgy of the Hours is prayed four times each day, and Mass is celebrated every morning. A schedule will be provided at registration.

Check-in time for retreats is 2-5 p.m. Vespers in the Archabbey Church is at 5 p.m., followed by supper. The opening conference is usually held at 6:30 or 7:30 p.m. The retreat concludes with lunch on the last day of the program. A complete schedule will be provided at registration.

*Note: Saint Meinrad operates on Central Time.*

## COSTS AND REGISTRATION

For most weekend and midweek retreats, the fee for lodging, meals and conferences is \$255 for single occupancy and \$425 for double occupancy.

Donations to support the retreat program are appreciated. You can register for retreats online at: [www.saintmeinrad.org](http://www.saintmeinrad.org).

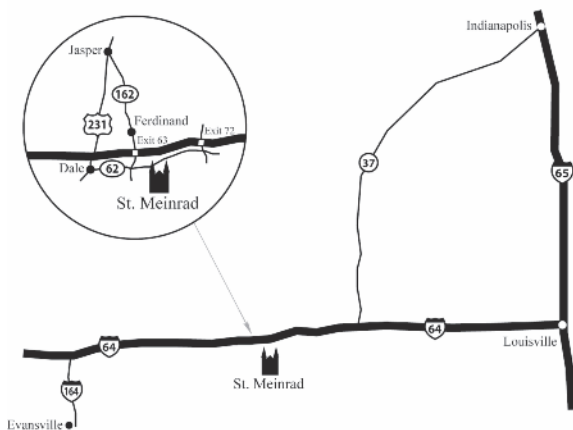
## GIFT CERTIFICATES

For the person who has everything, consider a gift certificate for a Saint Meinrad retreat or Guest House stay. It's the perfect gift for that special person in your life and a unique and thoughtful way to celebrate a birthday, wedding anniversary or other special event. Prices begin at \$120. Call the Guest House and Retreat Center at (800) 581-6905 to order or get more details.

## DIRECTIONS

Saint Meinrad is located in southern Indiana, about halfway between Evansville, IN, and Louisville, KY. If traveling from the west, follow I-64 to Exit 63 (Ferdinand/Santa Claus), turn right (south) on State Road 162, turn left onto State Road 62, go four miles.

From the east, take I-64 to Exit 72 (Bristow/Birdseye), turn left (south) on State Road 145, take first right onto State Road 62, go eight miles. Follow the signs to Saint Meinrad Archabbey. Parking is available at the Archabbey Guest House and Retreat Center.



## OTHER RETREAT OPPORTUNITIES

**Group Retreats:** By special arrangement, groups are welcome to use the Guest House and its facilities for their retreats or workshops.

**Guided Retreats** provide a meeting with a director once a day. In the Benedictine tradition, Scripture is used to prayerfully discern the working of the Holy Spirit in one's life. The fee is \$145 per day single, \$195 double, which includes lodging, meals and conference. Many previous retreats have been recorded and are available for viewing at no cost.

**Private or Silent Retreats** are available at \$84 per day, which includes room and taxes. Food is additional at \$8 per meal, includes taxes. A silent dining room is available for those on a silent retreat.

## CONTACT INFORMATION

For more information on retreats, additional brochures or retreat gift certificates, contact:

Br. Maurus Zoeller, OSB

Archabbey Guest House and Retreat Center  
200 Hill Drive

St. Meinrad, IN 47577

Phone: (812) 357-6585 or (800) 581-6905

Fax: (812) 357-6841

Email: [mzoeller@saintmeinrad.edu](mailto:mzoeller@saintmeinrad.edu)

Web: [www.saintmeinrad.org](http://www.saintmeinrad.org)

# REGISTRATION FORM

Use this form to register for any of the Guest House retreats. One form is needed per person/couple.

*(This form may be copied.)*

*Please print legibly.*

Mr.  Ms.  Mrs.  Rev.  Sr.  Br.  Dr.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (h) \_\_\_\_\_ (w) \_\_\_\_\_

Email \_\_\_\_\_ Fax \_\_\_\_\_

Retreat(s) \_\_\_\_\_ Date(s) \_\_\_\_\_

Housing request: Single \_\_\_\_\_ Double \_\_\_\_\_

Arrival \_\_\_\_\_ Departure \_\_\_\_\_

Method of payment:

Check enclosed Amount \_\_\_\_\_

Credit card number \_\_\_\_\_

Expiration date \_\_\_\_\_ Security Code \_\_\_\_\_

Type     Amount \_\_\_\_\_

Signature \_\_\_\_\_

The full price of the retreat must accompany registration.

Mail to:

Retreat Director  
Archabbey Guest House and Retreat Center  
200 Hill Drive  
St. Meinrad, IN 47577-1301

*Please tear off and mail to the above address.*

Or register at our secure website: [www.saintmeinrad.org](http://www.saintmeinrad.org)

*Prices are subject to change without notice.*



*Saint Meinrad*  
*Archabbey*

Guest House and  
Retreat Center  
200 Hill Drive  
St. Meinrad, IN 47577

